



BUILDING MATERIALS and CONSTRUCTION

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Dr. Bimalendu Dash is a Civil Engineer and Ph.D. holder in Structural Engineering with over nine years of teaching and academic experience. His expertise lies in sustainable construction materials, particularly fiber-reinforced concrete incorporating recycled aggregates. He has taught key civil engineering subjects with a strong focus on conceptual clarity, practical application, and student engagement. Alongside teaching, he has contributed to curriculum development, academic coordination, and quality assurance aligned with modern educational standards. A recipient of the Best Faculty Award, he is committed to bridging the gap between theory and practice. Through his work, he aims to develop accessible and practical learning resources that prepare students to address real-world engineering and sustainability challenges.



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Preface

Building materials are the foundation of every construction activity. The strength, durability, safety, economy, appearance and service life of a structure depend greatly on the proper selection and use of materials. At the same time, good construction practice is essential to ensure that these materials perform as intended in actual site conditions. For this reason, the study of building materials must be closely connected with the study of construction methods, workmanship, quality control and field applications.

This book, *Building Materials and Construction*, has been prepared to provide a clear, systematic and practically useful understanding of the materials and construction practices commonly used in civil engineering works. It is intended primarily for students of civil engineering, construction technology and related disciplines. The book will also be useful for teachers, site engineers, supervisors, contractors, technicians and professionals who require a dependable reference on material properties, construction suitability and practical execution.

The book covers a wide range of traditional and modern materials, including stones, bricks, blocks, clay products, lime, cement, cementitious materials, aggregates, sand, mortar, plastering materials, concrete, timber, engineered wood, metals, steel, glass, plastics, polymer-based materials, paints, varnishes, distempers, surface finishes, flooring, roofing and ceiling materials. It also discusses important construction practices related to masonry, foundations, damp-proofing, waterproofing and the use of modern, sustainable and smart building materials.

While preparing this book, we have attempted to maintain a balance between theoretical explanation and practical relevance. The discussion focuses not only on the properties and classification of materials but also on their field performance, advantages, limitations, defects, precautions and suitability for different construction purposes. Special attention has been given to the relationship between material selection, workmanship, durability and long-term performance of buildings.

In construction, many problems arise not only because of design errors but also due to poor-quality materials, improper storage, incorrect mixing, inadequate curing, defective joints, moisture penetration, unsuitable finishes and lack of supervision. Therefore, this book emphasizes practical understanding along with technical knowledge. Readers are encouraged to view materials not as isolated products, but as part of a larger construction

system where selection, handling, application and maintenance are equally important.

The construction industry is also changing rapidly. Sustainability, resource efficiency, durability, thermal performance, waste reduction, recycling, low-carbon materials and smart technologies are becoming increasingly important. Keeping these developments in mind, the book includes both conventional materials and emerging alternatives so that readers can understand the continuity between established construction practices and future-oriented building technologies.

We have written this book in a simple, structured and instructional style without compromising technical accuracy. Our aim is to help readers understand what building materials are, how they behave, where they are used, what precautions are necessary during construction and how better material choices can improve the quality and sustainability of the built environment.

We hope this book will serve as a useful learning resource and practical reference for students, teachers, professionals and practitioners. Constructive suggestions from readers will be gratefully received and will help us improve future editions of this work.

Authors

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BUILDING MATERIALS AND CONSTRUCTIONS

Building Materials and Construction Practices provides a clear and practical introduction to the materials, methods, and technologies used in modern building construction. The book covers stones, bricks, cement, aggregates, mortar, plaster, concrete, timber, steel, glass, plastics, paints, flooring, roofing, foundations, damp-proofing, and waterproofing. It explains their properties, selection, applications, and construction practices with emphasis on durability, safety, and performance. It also introduces sustainable materials, smart construction products, advanced composites, repair systems, retrofitting methods, and emerging construction technologies.

Designed for students, teachers, engineers, architects, and construction professionals, this book connects material knowledge with practical site applications and modern industry requirements

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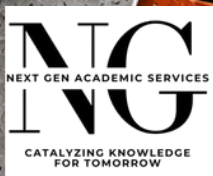
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